

# Transition Resources and Supports Guide

## Webinars:



Autism Society of NC has pre-recorded webinars on these Transition topics and more:

- *Your Teen Turned 18* (this is the first half of Journey to Adulthood Workshop actually)
- *Navigating Services: Where and How to Get Help*
- *Autism Guardianship: What You Need to Know*
- *Residential Options for Adults with Autism*
- *Preparing for College Starts at Home*

ASNC Autism Webinars page: <https://www.autismsociety-nc.org/autism-webinars/>



CMS CTE webinar on post-secondary options of various trades, CPCC, military, healthcare, apprenticeships, and more <https://youtu.be/yPvGM11naNQ>

## Autism Speaks Toolkits:



Employment: <https://www.autismspeaks.org/sites/default/files/2018-08/Employment%20Tool%20Kit.pdf>

Transition: <https://www.autismspeaks.org/sites/default/files/2018-08/Transition%20Tool%20Kit.pdf>

## Links to Community Resources:

<http://bit.ly/cmsECcommunityresources>



<https://www.mecknc.gov/HealthDepartment/CommunityHealthServices/Pages/CRG.aspx>





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## General Transition Information:

<p><i>Guardianship</i> and Alternatives: Parents can begin the process at age 17 ½. The court documents can be found online completed, notarized and turned into the Clerk of Courts.</p> <p><a href="https://www.nccourts.gov/help-topics/guardianship/guardianship">https://www.nccourts.gov/help-topics/guardianship/guardianship</a></p>	<p>Contact Cardinal Innovations  <a href="https://www.cardinalinnovations.org/">https://www.cardinalinnovations.org/</a> 1-800-939-5911 as soon as possible to get on the Registry of Unmet Needs (waitlist for Innovations waiver) and the waitlist for Residential supports.</p>
<p>Apply for Social Security online  <a href="https://www.ssa.gov/applyfordisability/">https://www.ssa.gov/applyfordisability/</a> or call 1.800.772.1213 You are automatically eligible for Medicaid when eligible for SSI. Apply for Medicaid through Department of Social Services 704.336.2273/704.336.3000 or  <a href="https://medicaid.ncdhhs.gov/medicaid/get-started/eligibility-medicaid-or-health-choice">https://medicaid.ncdhhs.gov/medicaid/get-started/eligibility-medicaid-or-health-choice</a></p>	<p>Individuals with <i>Medicaid</i> contact agencies directly to receive <i>B3 Services</i> (Respite, Community Guide, Supported Employment, In-home Skill Building, and Mental Health supports). <i>*Contact Cardinal Innovations for a complete list of B3 providers.</i></p>
<p>Vocational Rehabilitation- contact school specific counselor for employment supports</p>	

## Social and Recreational Supports:

<p>Next Step Clubhouse (formerly The Exceptional Foundation) 980.272.7687 or  <a href="https://www.nextstepclubhouse.org/">https://www.nextstepclubhouse.org/</a></p> 	<p>Marion Diehl  <a href="https://www.mecknc.gov/ParkandRec/Therapeutics/Programs/Pages/default.aspx">https://www.mecknc.gov/ParkandRec/Therapeutics/Programs/Pages/default.aspx</a></p> <p>*Email to be added to their TR Monthly Newsletter listing monthly social events for teens with disabilities  <a href="mailto:TRInfo@MecklenburgCountyNC.gov">TRInfo@MecklenburgCountyNC.gov</a></p>  <p><b>Mecklenburg County Park and Recreation</b></p>
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Skills Group of Charlotte 704-965-4614  
<http://www.skillsgroupofcharlotte.net/>

Autism After 18 <https://autismafter18.org/>



## Advocacy:

Disability Rights NC <https://disabilityrightsncc.org/>



Trusted Parents (980) 314-7066 or (980) 229-7253  
<https://www.trustedparents.org/contact-us> provides supports and advocacy.



The CMS EC Parent Advisory Council has created the following online resources for families:  
<https://cmsecpac.weebly.com/>



ARC of NC <https://www.arcnc.org/>



## Transportation:

Travel Training- *Disability Rights and Resources*  
704-537-0550  
[https://www.disability-rights.org/?page\\_id=17](https://www.disability-rights.org/?page_id=17)



CATS Special Transportation Application (STS)  
<http://charlottenc.gov/cats/para-transit/riding-para-transit/Pages/certification.aspx>



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**Respite Providers:** \*informational purposes only, not a CMS Endorsement. \*\*Contact Cardinal Innovations for a complete list.

Raes Plaze 704-563-3334  
<https://raewls.wixsite.com/rpadc>



Nevins 704-596-1372 <http://nevinsinc.org/>



Inreach 704-536-6661 <https://inreachnc.org/>



Developmental Disabilities Resources 704-573-9777  
<http://www.ddrinc.org/>



Easter Seals 704-535-9171



The Kids Workshop 704-399-4045  
<https://www.tkwinc.org/>



United Support Services 704-841-3544 <https://ussnc.org/services/>



**United Support Services, Inc.**

"The works of many coming together for the good of One"

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## Supported Employment:

*Easter Seals* 704-535-9171



*Nevins* 704-596-1372 <http://nevinsinc.org/>



*Inreach* 704-536-6661 <https://inreachnc.org/>



*Developmental Disabilities Resources* 704-573-9777

<http://www.ddrinc.org/>



*United Support Services* 704-841-3544 <https://ussnc.org/services/>



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Day Programs and Supports: \*\*Contact Cardinal Innovations for a complete list.

Next Step Clubhouse (formerly The Exceptional Foundation) 980.272.7687 or  
<https://www.nextstepclubhouse.org/>



Carolina Family Alliance 704-536-9378  
<https://carolinafamilyalliance.com/>



UMAR 704-348-0994 <https://umarinfo.com/>



Lifespan 704-944-5100  
<https://www.lifespanservices.org/>



Raes Plaze 704-563-3334  
<https://raewls.wixsite.com/rpadc>



Nevins 704-596-1372 <http://nevinsinc.org/>



Inreach 704-536-6661 <https://inreachnc.org/>



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## Post-Secondary Education for Students in OCS and Extensions Program:

### Extensions Program:

*CPCC I LEAD* Students learn skills for independent living, successful employment, and participation in their community. 704-330-6125

<https://www.cpcc.edu/programs/independence-and-literacy-education-adults-disabilities-i-lead>



Nevins offers CPCC classes on their site as well as activities (art/music) when they conclude class

<http://nevinsinc.org/education-programs/>



### Extensions Program or OCS:

*Western Carolina University: UP Program*

<https://www.wcu.edu/learn/departments-schools-colleges/ceap/stl/special-education-programs/university-participant-up-program/index.aspx>



*Winthrop: Think College*

<https://www.winthrop.edu/coe/thinkcollege/>



*Appalachian State University: Scholars with Diverse Abilities*

<https://sdap.appstate.edu/>



*ClemsonLIFE*

<https://www.clemson.edu/education/research/programs/culife/index.html>

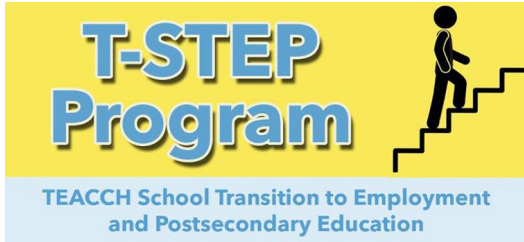



*University of North Carolina at Greensboro: Beyond Academics* <https://beyondacademics.uncg.edu/>



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## Supports for Students with Autism on the Future Ready Core Diploma Pathway:

<p>Central Piedmont Community College TSTEP program for students with Autism to help with Transition, Internship and Social Skills.</p> <p><a href="https://teacch.com/cllc/t-step-teacch-school-transition-to-employment-and-postsecondary-education/">https://teacch.com/cllc/t-step-teacch-school-transition-to-employment-and-postsecondary-education/</a></p> <p><a href="https://teacch.com/files/2020/07/TSTEP-flyer_CPCC_Online-2020_21.pdf">https://teacch.com/files/2020/07/TSTEP-flyer_CPCC_Online-2020_21.pdf</a></p>  <p>The logo for the T-STEP Program features the text "T-STEP Program" in large, bold, blue letters on a yellow background. To the right is a black silhouette of a person climbing a set of stairs. Below this, a light blue banner contains the text "TEACCH School Transition to Employment and Postsecondary Education" in a smaller, dark blue font.</p>	<p>Autism Charlotte PATHS Transition Program</p> <p><a href="https://www.autismcharlotte.org/copy-of-paths-compass">https://www.autismcharlotte.org/copy-of-paths-compass</a> currently on hold but keep checking</p>  <p>The Autism Charlotte logo consists of a solid orange square. Inside the square, the words "autism" and "charlotte" are written in a white, lowercase, sans-serif font, stacked vertically. The background of the square has a faint, light-colored pattern of stylized human figures.</p>
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## Post-Secondary Education for Students on Future Ready Core and OCS Diploma Pathway:

<p>Eastern Carolina University family curriculum on Transitioning to College</p> <p><a href="https://www.ecu.edu/cs-acad/stepp/college-bound-transition-curriculum-family-resources.cfm">https://www.ecu.edu/cs-acad/stepp/college-bound-transition-curriculum-family-resources.cfm</a></p>  <p>The logo for Eastern Carolina University (ECU) features a purple shield with a white dome and a cross inside. To the right of the shield, the letters "ECU" are written in a large, bold, purple serif font.</p>	<p>CPCC Disability Services</p> <p><a href="https://www.cpcc.edu/academics/course-help-and-resources/disability-services">https://www.cpcc.edu/academics/course-help-and-resources/disability-services</a></p>  <p>The logo for Central Piedmont Community College features a stylized gold and brown geometric icon on the left. To its right, the words "CENTRAL PIEDMONT" are written in a large, bold, black serif font, with "COMMUNITY COLLEGE" in a smaller, black, all-caps sans-serif font below it.</p>
<p>Planning Tools to Explore Colleges, Careers, Interests Inventories and Assessments</p> <p><a href="https://www.cfnc.org/plan-your-future/">https://www.cfnc.org/plan-your-future/</a> and <a href="https://www.careeronestop.org/ExploreCareers/Plan/plan-your-career.aspx">https://www.careeronestop.org/ExploreCareers/Plan/plan-your-career.aspx</a></p>	<p>Contact Disability Services at prospective college</p>